

ACTIVE LEARNING TEMPLATE: *Nursing Skill*

STUDENT NAME _____

SKILL NAME Vital signs including oximeter

REVIEW MODULE CHAPTER _____

Description of Skill

Vital signs assessment includes checking the patient's heart rate, respiratory rate, blood pressure, oxygen saturation, respiratory effort, capillary refill time, and temperature. Pulse oximetry is a non-invasive way to monitor blood's oxygen saturation

Indications

As part of routine physical examination
Routine patient management
As indicators of patient's well-being or response to therapy
Upon request from attending physician

Outcomes/Evaluation

Complete report of the findings from the comprehensive vital signs assessment

Potential Complications

Syncope or dizziness during BP measurement

CONSIDERATIONS

Nursing Interventions (pre, intra, post)

Pre-test:

Inform the patient of the procedure; obtain informed consent
Confirm that it is the right patient using using tier identifiers (name and date of birth); Perform hand hygiene; Help patient to a comfortable position
Obtain all the necessary equipment

Intra-test:

Observe the patient cues for clues on pain or distress
Inform the patient of the procedure step-wise

Post-test:

Help patient to a comfortable position
Thank them for their cooperation
Document the findings

Client Education

Instruct on the need or why they are getting the examination
Explain the procedure
Outline the any risks, complications, and or benefits associated with the assessment

Nursing Interventions

Ensure that patient is seated in a comfortable position
Allow ample resting time in between measurements to avoid the complications